

Central Coast Zone

Age Group: U/8 Boys

Athlete Name	Centre	Number	Event	Result
Toby Bedford	105 Wyong	135	Shot Put	4.30
			Discus	9.82
Ryan Brown	178 Woy Woy Penins	61	Pack Start	2-51.4
Joshua Bulmer	165 Tuggerah Lakes	74	Pack Start	2-34.3
			Long Jump	3.62
			200M Run	32.4
			400M Run	1-15.9
Ethan Cochrane-Smith		38	Pack Start	5-08.3
Harley Croke	105 Wyong	9	70M Run	12.6
			Shot Put	4.21
			Discus	10.52
Bailey Holt	178 Woy Woy Penins	77	400M Run	1-37.3
			70M Run	11.3
			100M Run	15.7
			200M Run	34.2
Chris Lennon	72 Gosford	168	100M Run	16.4
			60M Hurdles	12.4
			Long Jump	3.09
Daniel Mcloughlin		22	60M Hurdles	13.5
Riley Mears	165 Tuggerah Lakes	150	200M Run	36.6
			Long Jump	3.04
			Shot Put	5.61
			Discus	13.95
Noah Nicholls	155 Terrigal/Wambera	18	70M Run	11.8
			400M Run	1-21.0
			200M Run	35.0
			100M Run	16.6
Martin Parfitt	165 Tuggerah Lakes	774	Discus	10.56
			60M Hurdles	13.7
Lachlan Pettitt		78	Long Jump	2.82
			Pack Start	3-07.1
			100M Run	16.3
			400M Run	1-29.6
Lachlan Rigney	105 Wyong	94	Shot Put	4.43
			Long Jump	2.82
			60M Hurdles	13.3
Michael Seaborn	165 Tuggerah Lakes	70	70M Run	12.1

Central Coast Zone

Age Group: U/9 Boys

Athlete Name	Centre	Number	Event	Result
Oliver Chippendale	72 Gosford	25	700M Walk	5-14.0
			400M Run	1-18.4
			800M Run	2-56.2
			High Jump	1.01
Alex Cochrane-Smith	165 Tuggerah Lakes	36	Discus	10.93
			Long Jump	3.03
			800M Run	3-09.8
Noah Jovanovic	178 Woy Woy Penins	718	400M Run	1-26.0
Benjamin Martin	105 Wyong	130	200M Run	31.7
			70M Run	10.6
			100M Run	14.3
			60M Hurdles	10.7
Seamus Millen	72 Gosford	179	200M Run	38.8
			Discus	10.92
			High Jump	1.03
Theo Ogundana-Watson	165 Tuggerah Lakes	54	800M Run	3-00.1
			100M Run	15.0
			60M Hurdles	11.3
Jarrold Parker	72 Gosford	170	200M Run	41.2
Mason Parker	155 Terrigal/Wambera	8	60M Hurdles	11.5
			800M Run	3-01.5
			Long Jump	3.37
			High Jump	1.03
Thomas Peters	72 Gosford	86	Shot Put	5.33
			70M Run	11.1
			Discus	11.93
Sebastian Plummer	165 Tuggerah Lakes	34	Shot Put	4.03
			High Jump	0.99
Sandon Smith		304	Long Jump	3.55
			70M Run	10.4
			60M Hurdles	10.0
			100M Run	14.1
Matthew Sommerville		228	400M Run	1-19.0
Liam Sterrett	105 Wyong	177	400M Run	1-27.6
Zanian Theron		22	200M Run	36.7
			Shot Put	4.51
			Discus	14.80
Bailey Thomas	72 Gosford	201	70M Run	11.3
			Shot Put	5.89
			100M Run	15.5
Jack Wilson	178 Woy Woy Penins	139	Long Jump	2.54

Central Coast Zone

Age Group: U/10 Boys

Athlete Name	Centre	Number	Event	Result
Declan Ackerley	165 Tuggerah Lakes	60	Shot Put	5.64
			Long Jump	3.67
			High Jump	1.27
			1100M Walk	7-14.5
Jamal Belkadi	72 Gosford	101	400M Run	1-18.2
			1500M Run	6-05.4
Thomas Bennett		78	Discus	17.74
			70M Run	11.8
Tom Boaler	155 Terrigal/Wambera	5	1500M Run	5-39.0
			800M Run	2-44.9
			60M Hurdles	11.3
Steven Collins	178 Woy Woy Penins	702	Shot Put	6.70
			Discus	16.15
Jack Dyer	105 Wyong	53	800M Run	2-53.3
Bailey Glasson	72 Gosford	111	1100M Walk	9-25.5
Hayden Hansen		215	1100M Walk	7-37.3
Harry Hayes	165 Tuggerah Lakes	342	60M Hurdles	11.0
			Long Jump	3.69
			100M Run	14.9
Zac David Healey	178 Woy Woy Penins	37	200M Run	32.7
			100M Run	15.3
			70M Run	11.1
Jordan Hemsley-Snelling	105 Wyong	111	200M Run	32.4
			100M Run	15.7
Alexander Jones	165 Tuggerah Lakes	230	1100M Walk	7-35.6
Riley Jones		254	Long Jump	3.74
			400M Run	1-17.8
Samuel Lappan	72 Gosford	219	High Jump	1.24
			800M Run	2-51.6
			400M Run	1-11.0
			Long Jump	3.95
Ben Maxworthy	165 Tuggerah Lakes	314	High Jump	1.10
Adam Miller	72 Gosford	68	High Jump	1.30
			60M Hurdles	11.8
			200M Run	31.6
Jackson Anthony Quinell	178 Woy Woy Penins	107	70M Run	11.5
Lachlan Rousell		9	1500M Run	5-42.5
			800M Run	2-47.3
Malakai Simunovic	72 Gosford	74	Discus	18.79
			Shot Put	7.82
Dylan Ward	165 Tuggerah Lakes	296	70M Run	11.7
			Shot Put	5.05
			60M Hurdles	12.0
Dylan Willcox	178 Woy Woy Penins	127	Discus	16.72
Thomas Wilson		138	1500M Run	5-55.5
Benjamine Wright	165 Tuggerah Lakes	160	200M Run	31.9
			100M Run	15.1

Central Coast Zone

Benjamine Wright

165 Tuggerah Lakes

160 400M Run

1-16.9

Central Coast Zone

Age Group: U/11 Boys

Athlete Name	Centre	Number	Event	Result
Bradman Best	178 Woy Woy Penins	133	100M Run	13.6
			Triple Jump	8.40
			60M Hurdles	10.3
Jack Birt	165 Tuggerah Lakes	22	Triple Jump	9.00
			Discus	24.57
			100M Run	14.3
			Long Jump	4.53
Lachlan Blake		272	400M Run	1-12.2
Cooper Boelhouwer	72 Gosford	211	Discus	13.34
Ethan Byrnes	165 Tuggerah Lakes	310	60M Hurdles	10.9
Tate Felton	72 Gosford	195	400M Run	1-08.9
			High Jump	1.20
			800M Run	2-33.8
			1500M Run	5-14.6
Zac Robert Fulton	178 Woy Woy Penins	84	Shot Put	7.51
Lachlan Grant	165 Tuggerah Lakes	378	200M Run	30.6
			High Jump	1.39
			Long Jump	4.30
Brayden Gunn	72 Gosford	11	800M Run	2-42.7
			1500M Run	5-28.7
			400M Run	1-10.5
Luke Jacobs	165 Tuggerah Lakes	28	1500M Run	5-43.1
			200M Run	29.1
			800M Run	2-38.7
			400M Run	1-07.3
Mason Leef	105 Wyong	14	Discus	29.60
			Shot Put	12.40
			Triple Jump	8.59
			High Jump	1.20
Richard Lopez	178 Woy Woy Penins	720	Long Jump	3.95
			200M Run	29.5
			100M Run	14.2
Jakob Madden	165 Tuggerah Lakes	244	800M Run	2-46.4
Brandon Naprawski	178 Woy Woy Penins	719	Long Jump	4.08
Taine Petersen	165 Tuggerah Lakes	372	Triple Jump	8.96
			High Jump	1.25
			60M Hurdles	10.7
			100M Run	13.9
Dominic Reed		148	200M Run	30.8
Dylan Richardson	72 Gosford	13	1100M Walk	5-37.9
			1500M Run	5-34.7
Jake Stojanovic	155 Terrigal/Wambera	11	1100M Walk	8-21.9
Callum Sutton	72 Gosford	160	Shot Put	7.91
			Discus	22.19
Jack Young	178 Woy Woy Penins	732	60M Hurdles	11.1
			Shot Put	8.48

Central Coast Zone

Age Group: U/12 Boys

Athlete Name	Centre	Number	Event	Result
Mason Allen	165 Tuggerah Lakes	64	1500M Run	6-05.6
Bilal Belkadi	72 Gosford	102	Long Jump	3.68
			800M Run	2-33.4
Zakariya Belkadi		103	400M Run	1-18.8
			800M Run	2-43.3
Zachary Boyd	105 Wyong	7	100M Run	13.3
			Triple Jump	9.04
			Long Jump	4.01
			200M Run	27.1
Matthew John Cahill	165 Tuggerah Lakes	262	60M Hurdles	11.2
			Long Jump	4.39
			100M Run	14.2
Ottie Clarke	72 Gosford	206	1500M Run	5-09.9
			60M Hurdles	11.0
			800M Run	2-33.7
			400M Run	1-07.2
Tristan Croke	105 Wyong	8	1500M Walk	10-44.1
			60M Hurdles	10.3
			Long Jump	4.38
			200M Run	28.5
Justin Delaney	165 Tuggerah Lakes	142	Discus	12.79
			Shot Put	4.09
Jack Frasca		162	High Jump	1.28
			200M Run	28.8
			100M Run	14.1
			Javelin	19.23
Ben Grubba		290	Discus	19.27
			Shot Put	5.60
Tyler Gunn	72 Gosford	12	60M Hurdles	10.1
			200M Run	26.5
			400M Run	1-00.1
			Triple Jump	10.30
Nicolaas Harmsen	201 Toukley	54	1500M Run	5-49.8
Peter Lee	165 Tuggerah Lakes	330	High Jump	1.28
Matthew Liedberg		30	Javelin	11.48
			1500M Walk	9-30.4
Terry Mihellis	72 Gosford	28	800M Run	2-30.2
			1500M Run	5-08.5
Lleyton Parker		169	Triple Jump	8.35
Cooper Soper	165 Tuggerah Lakes	278	Javelin	25.11
Daniel Titus	72 Gosford	208	High Jump	1.31
			100M Run	14.6
Jarryd Walter	105 Wyong	12	Javelin	11.12
			Shot Put	6.68
			Discus	21.30

Central Coast Zone

Age Group: U/13 Boys

Athlete Name	Centre	Number	Event	Result
Jaggar Altoft	201 Toukley	68	1500M Run	6-18.6
Jack Arigho	165 Tuggerah Lakes	340	3000M Run	14-14.5
			Javelin	18.21
			1500M Walk	9-11.1
Aidan Baker	105 Wyong	51	Shot Put	6.76
Calvin Beacroft	72 Gosford	99	High Jump	1.35
Jake Bedford	105 Wyong	134	Javelin	27.62
			Discus	21.59
			1500M Walk	9-23.9
John Carroll	165 Tuggerah Lakes	8	400M Run	1-03.8
			200M Hurdles	31.2
			100M Run	13.2
			Triple Jump	10.11
John Dahan	105 Wyong	77	100M Run	12.9
			Triple Jump	9.65
			200M Run	26.8
			High Jump	1.41
			80M Hurdles	15.6
Alexander Herford	165 Tuggerah Lakes	76	100M Run	13.2
			200M Run	27.2
			Long Jump	4.54
			Triple Jump	9.02
			High Jump	1.41
Lleyton Ivimy	201 Toukley	50	800M Run	2-37.8
			1500M Run	6-03.8
			3000M Run	12-10.0
Nathan Johnston	165 Tuggerah Lakes	246	Discus	22.75
			800M Run	2-40.5
			Shot Put	9.55
			200M Run	27.5
Hayden Kendall	105 Wyong	38	Long Jump	4.70
			100M Run	13.4
Jacob Kernick	165 Tuggerah Lakes	308	Shot Put	7.30
			1500M Walk	10-06.5
Trust Leger		66	Shot Put	12.90
			Discus	22.39
			Javelin	19.84
Theo Mihellis	72 Gosford	29	Javelin	18.04
			800M Run	2-28.3
			3000M Run	11-28.7
			400M Run	1-04.3
Michael Parfitt	165 Tuggerah Lakes	772	1500M Run	6-18.4
			200M Hurdles	35.8
Dale Parsons	201 Toukley	28	200M Hurdles	32.6
			400M Run	1-11.4
			80M Hurdles	16.1
Joshua Parsons		27	200M Hurdles	31.8

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Joshua Parsons	201	Toukley	27	400M Run	1-09.9
Brandon Reading	105	Wyong	88	Long Jump	4.35
				80M Hurdles	15.9
				200M Run	27.8
Isaac Rumbel	165	Tuggerah Lakes	20	80M Hurdles	14.2
				Discus	23.47
				Triple Jump	10.23
				High Jump	1.48
				Long Jump	5.09
Corbin Walters			18	3000M Run	11-48.8
				1500M Walk	9-15.2
				1500M Run	5-31.5
				800M Run	2-51.7

Central Coast Zone

Age Group: U/14 Boys

Athlete Name	Centre	Number	Event	Result
Johnathan Dobb	165 Tuggerah Lakes	4	400M Run	58.5
			High Jump	1.70
			Triple Jump	12.31
			200M Hurdles	27.7
Hayden Forbes		12	1500M Walk	8-58.3
			1500M Run	5-06.4
			800M Run	2-27.5
			3000M Run	10-56.4
Aaron Gunn	72 Gosford	14	1500M Run	5-26.4
			800M Run	2-25.9
			400M Run	1-01.1
Lyll Guy	165 Tuggerah Lakes	198	High Jump	1.35
			100M Run	13.0
			200M Run	27.0
Tyler Jones	105 Wyong	55	Triple Jump	9.86
			800M Run	2-25.6
			1500M Walk	6-30.8
			Long Jump	5.06
Nicholas Lappan	72 Gosford	218	200M Run	27.3
			High Jump	1.50
			200M Hurdles	31.4
Owen Ma		175	100M Run	13.4
Riley O'Mara	165 Tuggerah Lakes	398	High Jump	1.45
			Javelin	23.56
			90M Hurdles	14.5
			100M Run	12.5
			Long Jump	5.14
			200M Run	25.9
Matthew Scarr	72 Gosford	2	800M Run	2-19.0
			3000M Run	10-53.8
			1500M Run	4-51.4
Zachariah Simunovic		73	400M Run	1-00.7
			Triple Jump	10.88
			Long Jump	5.79
Jack Vane-Tempest		52	Shot Put	9.73
			400M Run	1-00.1
			200M Run	26.1
			Triple Jump	10.28
			100M Run	12.3
			Long Jump	5.23

Age Group: U/15 Boys

Athlete Name	Centre	Number	Event	Result
Luke Batten	165 Tuggerah Lakes	16	Javelin	26.05
			200M Hurdles	29.6
			Triple Jump	11.03
			Shot Put	11.79
			Discus	40.13
			100M Hurdles	15.9
Alex Beacroft	72 Gosford	98	800M Run	2-17.6
			3000M Run	10-31.5
			1500M Run	4-46.4
Jack Collett		300	400M Run	52.3
			800M Run	2-02.0
Lachlan Dawson		193	100M Run	12.0
			Long Jump	5.22
			400M Run	1-02.1
			100M Hurdles	18.0
Brody Gunn		15	1500M Run	5-37.9
			3000M Run	12-03.6
			1500M Walk	8-18.9
Joshua Parkinson	165 Tuggerah Lakes	2	Discus	25.92
			100M Run	11.4
			400M Run	52.6
			200M Run	23.3
			Long Jump	6.10
			Javelin	26.54
Matthew Lachlan Roberts	178 Woy Woy Penins	40	1500M Run	4-59.1

Age Group: U/17 Boys

Athlete Name	Centre	Number	Event	Result
Adam Batten	165 Tuggerah Lakes	14	800M Run	2-38.0
			110M Hurdles	17.2
			1500M Walk	8-24.2
			Discus	28.03
			Shot Put	9.23
			200M Hurdles	28.8
Matthew Browne	105 Wyong	163	200M Run	28.3
			Long Jump	4.34
			Triple Jump	8.80
Brock Crumpton	165 Tuggerah Lakes	258	High Jump	1.50
			200M Hurdles	30.4
			100M Run	13.0
			Triple Jump	10.57
			110M Hurdles	18.7
Jay Crumpton		256	Triple Jump	10.65
			100M Run	12.7
			Long Jump	4.87
			200M Run	27.4
			Javelin	36.57
Brendan Dawson	105 Wyong	188	High Jump	1.50
			Shot Put	11.41
			Discus	29.30
Jason Dredge	165 Tuggerah Lakes	10	Javelin	41.56
			3000M Run	12-53.8
Jay Felton	72 Gosford	196	1500M Walk	8-15.1
			1500M Walk	6-30.8
Bradley Hart	165 Tuggerah Lakes	62	1500M Run	5-42.9
			3000M Run	12-03.8
Ryan Jelley		260	100M Run	12.3
			Triple Jump	11.41
			High Jump	1.50
			Long Jump	5.53
			200M Run	25.7
Matthew Killen	105 Wyong	54	400M Run	55.4
			1500M Walk	7-22.2
			Javelin	17.76
Michael Pain	178 Woy Woy Penins	116	400M Run	57.2
			100M Run	12.5

Central Coast Zone

Age Group: Junior Boys

Athlete Name	Centre	Number	Event	Result
Junior Boys	105 Wyong	9001	4 x 100 Relay	59.4
	165 Tuggerah Lakes		4 x 100 Relay	59.6

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Age Group: Senior Boys

Athlete Name	Centre	Number	Event	Result
Senior Boys	165 Tuggerah Lakes	9003	4 x 100 Relay	51.2
	72 Gosford		4 x 100 Relay	50.9

Central Coast Zone

Age Group: U/8 Girls

Athlete Name	Centre	Number	Event	Result
Maddisyn Apps-Gale	165 Tuggerah Lakes	37	Discus	9.52
Bronte Ayres	72 Gosford	69	400M Run	1-30.4
			200M Run	37.7
Hannah Bolton	165 Tuggerah Lakes	153	Long Jump	2.65
Lily Booth	105 Wyong	60	400M Run	1-29.7
Bethwyn Lily Caller	178 Woy Woy Penins	730	Pack Start	2-52.6
			60M Hurdles	13.3
Daisy Love Duguid		50	Pack Start	2-51.1
Zali Sue-Ann Fulton		85	200M Run	37.9
			70M Run	12.5
			60M Hurdles	12.8
Erin Hamilton	155 Terrigal/Wambera	103	70M Run	12.2
			100M Run	17.2
Annika Hansen	72 Gosford	216	Shot Put	4.09
			Discus	10.08
Imogen Hart	201 Toukley	11	Shot Put	3.76
Ruby Heron Little	155 Terrigal/Wambera	74	60M Hurdles	12.5
Lucy Jacobs	165 Tuggerah Lakes	29	400M Run	1-28.7
			100M Run	16.7
			200M Run	35.8
Mariane Mihellis	72 Gosford	26	100M Run	17.5
			400M Run	1-25.8
			Pack Start	2-36.7
Jade Pettitt	165 Tuggerah Lakes	83	100M Run	16.9
			200M Run	36.6
			Long Jump	2.95
			70M Run	11.9
Caisha Skye Shorrocks	178 Woy Woy Penins	747	Long Jump	3.08
			Discus	11.46
			70M Run	12.4
Isabella Spinola	72 Gosford	19	Shot Put	3.55
Danielle Vesper	165 Tuggerah Lakes	179	Discus	14.11
			Long Jump	3.23
			Shot Put	4.64
			Pack Start	2-37.6
Casey Weinert	72 Gosford	138	60M Hurdles	13.4

Central Coast Zone

Age Group: U/9 Girls

Athlete Name	Centre	Number	Event	Result
Abigia Barrett	201 Toukley	47	70M Run	12.8
Tanaysha Carr		4	60M Hurdles	12.5
			200M Run	36.1
			800M Run	3-06.9
Paris Croke	105 Wyong	10	100M Run	16.2
			200M Run	34.5
Finlay Flaherty	72 Gosford	186	400M Run	1-22.1
			Long Jump	3.11
			800M Run	3-02.8
Katie Gunn		9	100M Run	15.7
			200M Run	33.6
			400M Run	1-19.2
			800M Run	3-04.2
Ella Hopwood	165 Tuggerah Lakes	141	800M Run	2-58.1
			High Jump	1.04
			400M Run	1-24.5
Elizabeth Huggins	105 Wyong	127	Shot Put	5.93
			Discus	10.79
Grace Kirkland	165 Tuggerah Lakes	285	700M Walk	4-34.1
			70M Run	12.1
Emilee Lappin		171	Shot Put	4.25
Charlotte Lowe	201 Toukley	13	100M Run	17.0
Trinity Marshall	72 Gosford	80	Discus	10.57
Sybella Mckay		87	700M Walk	4-25.3
Tayla Montgomery		106	200M Run	35.3
			400M Run	1-20.7
			60M Hurdles	12.2
Chelsea Payne	165 Tuggerah Lakes	211	700M Walk	5-03.9
Allanah Pitcher	72 Gosford	115	High Jump	1.01
Ella Robertson	165 Tuggerah Lakes	215	700M Walk	5-27.0
Sienna Scott	72 Gosford	202	Long Jump	2.89
			70M Run	12.4
Maddison Van Dijk	165 Tuggerah Lakes	385	60M Hurdles	11.7
			Long Jump	3.04
			High Jump	0.90
Charlise Wheeler	72 Gosford	16	Long Jump	3.45
			Discus	11.54
			Shot Put	5.36
			70M Run	11.4
Sophie May Whitton	165 Tuggerah Lakes	201	Shot Put	3.81
			Discus	11.53
			100M Run	16.0
Natalia Wilson	155 Terrigal/Wambera	64	60M Hurdles	11.4

Central Coast Zone

Age Group: U/10 Girls

Athlete Name	Centre	Number	Event	Result
Jenna Bird	165 Tuggerah Lakes	9	60M Hurdles	11.0
			400M Run	1-12.4
			200M Run	30.1
			100M Run	14.2
Maddie Brooks		61	Shot Put	6.04
			Discus	14.85
Jessica Brown-Hall	178 Woy Woy Penins	114	Discus	14.15
			Long Jump	3.44
Darci Carroll	165 Tuggerah Lakes	157	60M Hurdles	12.8
			High Jump	1.08
Courtney Doyle	105 Wyong	70	70M Run	11.3
			1100M Walk	7-32.9
Zoe Galea	165 Tuggerah Lakes	265	200M Run	32.7
			400M Run	1-19.9
			60M Hurdles	12.1
Madeleine Hart	201 Toukley	10	200M Run	31.6
			60M Hurdles	12.4
			High Jump	1.14
			400M Run	1-14.4
Emma Herford	165 Tuggerah Lakes	81	Long Jump	3.42
Isabella Jones		227	1500M Run	5-55.9
			400M Run	1-17.4
			800M Run	2-50.9
			1100M Walk	6-55.4
			Niley Lawson	341
Iyla Lidgard		327	Shot Put	5.27
Brooklyn O'Mara		389	70M Run	10.8
			800M Run	2-58.8
			Shot Put	5.65
Boston Pate		41	Shot Put	5.10
Kyra Power-Caffyn		393	Discus	13.64
Ellie Richardson	72 Gosford	10	800M Run	3-08.7
			1500M Run	6-15.0
			1100M Walk	7-09.9
Paige Rigney	105 Wyong	93	Long Jump	3.52
			1100M Walk	7-25.1
			High Jump	1.14
Kate Robertson	165 Tuggerah Lakes	55	Discus	19.82
Ruby Smith	72 Gosford	157	High Jump	1.08
Christianna Soares	165 Tuggerah Lakes	27	70M Run	10.5
			200M Run	32.3
			100M Run	14.5
			Long Jump	3.64
Alina Watson	178 Woy Woy Penins	14	100M Run	15.3
			70M Run	11.1
Charlotte Wills	105 Wyong	156	1500M Run	6-23.0
Emily Yannis	178 Woy Woy Penins	67	800M Run	3-05.5

Central Coast Zone

Emily Yannis

178 Woy Woy Penins

67 1500M Run

6-33.6

Age Group: U/11 Girls

Athlete Name	Centre	Number	Event	Result
Zoe Arigho	165 Tuggerah Lakes	365	Discus	9.75
Sarah Baric		51	Discus	14.80
			Shot Put	5.69
Jasmine Beacroft	72 Gosford	104	1500M Run	6-29.0
			800M Run	2-57.5
			High Jump	1.18
April Brown-Peters	165 Tuggerah Lakes	181	Discus	18.35
			High Jump	1.10
			Shot Put	5.79
Jessica Dukes	201 Toukley	21	400M Run	1-16.0
Sinead Flaherty	72 Gosford	185	Shot Put	5.69
			400M Run	1-19.8
Ashlee Forbes	165 Tuggerah Lakes	1	800M Run	2-35.2
			1100M Walk	6-38.4
			1500M Run	5-20.0
			400M Run	1-05.7
Olivia Kernick		25	High Jump	1.15
			Shot Put	6.14
			1100M Walk	7-07.5
			Triple Jump	7.83
Elena Khoury		187	100M Run	14.1
			Long Jump	3.69
			200M Run	29.4
			Triple Jump	8.66
Ava Latu		291	100M Run	14.7
			400M Run	1-12.8
			200M Run	30.6
Amber Rose Leggett	178 Woy Woy Penins	58	Long Jump	3.57
Kaelah Mcnamara	105 Wyong	107	1100M Walk	7-30.1
			800M Run	3-15.1
			60M Hurdles	11.6
			Triple Jump	7.75
Shanaye Mcnamara	165 Tuggerah Lakes	319	100M Run	13.9
			60M Hurdles	12.0
			200M Run	30.2
			Long Jump	3.98
Tahlia Nugent	155 Terrigal/Wambera	6	High Jump	1.00
			60M Hurdles	12.7
Remy Hunter Tidy	165 Tuggerah Lakes	213	60M Hurdles	12.3
			1500M Run	6-58.6
Brodie Walters		23	1100M Walk	7-07.9
			1500M Run	6-13.9
			800M Run	2-54.2
Savannah Wheeler	72 Gosford	8	100M Run	14.3
			200M Run	29.6
			Triple Jump	8.52
			Long Jump	3.80

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Age Group: U/12 Girls

Athlete Name	Centre	Number	Event	Result
Kayleigh Apps-Gale	165 Tuggerah Lakes	33	Discus	16.12
			1500M Walk	10-23.6
			1500M Run	6-01.1
Taylor Baric		49	Shot Put	8.38
			Discus	16.26
Sarah Jayde Boarer		233	400M Run	1-12.1
			800M Run	2-52.1
			High Jump	1.23
Harriette Bournnell	72 Gosford	5	800M Run	2-36.7
			1500M Run	5-35.9
			400M Run	1-08.7
Elizabeth Chippendale		24	800M Run	2-30.7
			400M Run	1-04.6
Ella Driene	165 Tuggerah Lakes	275	High Jump	1.37
			Long Jump	4.26
			100M Run	14.6
			1500M Walk	8-48.1
Heather Duffy		3	100M Run	13.8
			200M Run	29.3
			60M Hurdles	10.9
			Javelin	13.56
Jasmyn Garrick	155 Terrigal/Wambera	14	1500M Run	5-56.9
			800M Run	2-52.5
Brooke Guthrie	165 Tuggerah Lakes	241	Shot Put	9.06
			Javelin	15.56
			Discus	21.38
Katie-Lee Harris	201 Toukley	1	Javelin	13.78
Bethany Kranendonk	105 Wyong	26	Long Jump	4.57
			200M Run	28.2
			Triple Jump	10.01
			400M Run	1-03.6
Kiara Lawson	165 Tuggerah Lakes	257	1500M Walk	10-57.2
			Triple Jump	8.91
Holly Rose Montgomery		107	60M Hurdles	12.0
Nicole Murphy		85	Javelin	10.56
Karla Nicholls	155 Terrigal/Wambera	12	100M Run	14.4
			200M Run	30.9
			Long Jump	3.99
Piper Nowland	201 Toukley	7	Shot Put	8.03
			Discus	15.58
Chelsea O'Mara	165 Tuggerah Lakes	399	High Jump	1.26
			60M Hurdles	11.1
Alex Pattenden		95	200M Run	29.9
			100M Run	14.1
			60M Hurdles	11.6
Carley Rogers	72 Gosford	66	Long Jump	4.07
Abbey Kate Rumbel	165 Tuggerah Lakes	339	Shot Put	7.50

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Brooke Samuel	105	Wyong	43	High Jump	1.15
Jade Sterrett			176	1500M Run	6-12.8
				Triple Jump	8.10
Danielle Theron			25	Triple Jump	7.43

Age Group: U/13 Girls

Athlete Name	Centre	Number	Event	Result
Samantha Ackerley	165 Tuggerah Lakes	67	Triple Jump	9.01
			1500M Walk	9-44.9
			High Jump	1.34
Cassidy Atkins		165	Long Jump	4.89
			400M Run	1-02.0
			100M Run	13.2
Gelila Barrett	201 Toukley	46	80M Hurdles	17.0
			200M Run	29.4
Shaellym Brims	72 Gosford	3	400M Run	1-17.2
			80M Hurdles	17.6
			200M Hurdles	35.7
Bronte Carroll	165 Tuggerah Lakes	169	1500M Walk	10-41.4
			Triple Jump	8.85
			High Jump	1.25
			Long Jump	4.23
Paige Farrant	72 Gosford	17	Shot Put	10.28
			Discus	32.48
			Javelin	27.48
Maeve Flaherty		184	800M Run	2-42.4
			High Jump	1.20
			1500M Run	6-01.7
Maddison Harris	201 Toukley	2	Discus	15.49
			Shot Put	5.51
Brooke Hoolihan	165 Tuggerah Lakes	287	Discus	28.55
			Shot Put	9.11
Georgia Lee	72 Gosford	75	Long Jump	4.31
			High Jump	1.31
			200M Hurdles	33.0
			Javelin	15.88
Caitlin Mills	165 Tuggerah Lakes	57	100M Run	14.3
			Shot Put	6.55
			200M Hurdles	35.1
			Javelin	16.38
			1500M Walk	12-01.1
Jessica Morrice	72 Gosford	123	200M Run	28.4
			800M Run	2-33.4
			1500M Run	5-25.5
			400M Run	1-03.5
Brooke Pagett		133	800M Run	2-46.5
Mischelle Rhodes	165 Tuggerah Lakes	65	100M Run	13.5
			Triple Jump	8.96
			200M Run	27.9
			Long Jump	4.20
			200M Hurdles	31.6
			80M Hurdles	14.8
Brianan Shipley		219	1500M Walk	9-29.0
			800M Run	2-44.5

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Brianan Shipley	165 Tuggerah Lakes	219 Javelin	24.05
		Discus	22.33
Aleena Spake	72 Gosford	158 400M Run	1-07.7
		80M Hurdles	16.1
		200M Run	28.6
		100M Run	13.8

Age Group: U/14 Girls

Athlete Name	Centre	Number	Event	Result
Tonia Brooks	72 Gosford	118	Shot Put	10.97
			Discus	24.28
Ashlee Coggins	105 Wyong	2	400M Run	1-04.8
			800M Run	2-28.1
			1500M Run	5-20.5
Brooke Coggins		1	3000M Run	11-04.4
			1500M Run	5-14.2
			800M Run	2-31.1
Jamie Farrant	72 Gosford		Javelin	24.04
			Discus	29.67
			Shot Put	11.44
Tegan Fennell	165 Tuggerah Lakes	777	Shot Put	9.27
			Javelin	18.09
			Discus	29.16
Samantha Judge		69	1500M Walk	10-00.5
Maddison Langshaw		77	200M Hurdles	33.7
			Long Jump	4.34
			Triple Jump	8.48
			100M Run	13.9
Akaylah Leef	105 Wyong	13	Discus	32.05
			Shot Put	11.12
			Javelin	21.87
Madeline Linnet	165 Tuggerah Lakes	161	High Jump	1.38
			200M Run	27.8
			Long Jump	4.72
			400M Run	1-07.9
			100M Run	13.5
April Montgomery		105	80M Hurdles	19.2
			High Jump	1.20
Rebecca Parkinson		21	400M Run	1-05.1
			1500M Run	5-45.7
			3000M Run	12-31.0
			1500M Walk	8-17.2
			Triple Jump	8.90
Jamei Pate		43	800M Run	2-29.1
			800M Run	2-43.7
			Javelin	19.64
			80M Hurdles	17.7
Jacinta Patterson		223	High Jump	1.23
			400M Run	1-02.4
			100M Run	13.2
			High Jump	1.23
Amy Seaborn		71	200M Run	26.7
			1500M Walk	11-53.9
Mikayla Louise Sonter	178 Woy Woy Penins	4	200M Run	28.3
			Long Jump	4.49
			Triple Jump	8.89

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Mikayla Louise Sonter	178	Woy Woy Penins	4	200M Hurdles	31.9
				80M Hurdles	15.6
Maddi Symington	165	Tuggerah Lakes	117	Long Jump	4.41
				Triple Jump	9.30
				80M Hurdles	14.3
				200M Hurdles	31.1
Teresa Terlato			173	1500M Walk	11-30.3
Megan Wardell	72	Gosford	149	200M Run	28.8
				100M Run	13.7
				200M Hurdles	33.3

Central Coast Zone

Age Group: U/15 Girls

Athlete Name	Centre	Number	Event	Result
Chelsea Freeman	155 Terrigal/Wambera	3	100M Run	14.4
			High Jump	1.38
			200M Run	29.7
Sara-Jayne Liedberg	165 Tuggerah Lakes	31	100M Run	14.5
			Triple Jump	8.59
			Discus	17.87
			Javelin	21.26
Kate Linnet		159	Shot Put	9.27
			100M Run	14.2
			200M Run	29.1
Nikia Madden		225	400M Run	1-08.8
			Discus	9.47
			Javelin	11.57
Nicola Mcdermott	72 Gosford	183	200M Run	28.6
			High Jump	1.70
			Long Jump	4.79
Jordan Pagett		132	800M Run	2-32.2
			400M Run	1-05.3
Taylor Pearson	165 Tuggerah Lakes	45	100M Run	13.2
			200M Run	27.8
Kallee Richardson	201 Toukley	15	200M Hurdles	34.0
			Long Jump	4.39
			High Jump	1.41
			Triple Jump	9.02
Tamara Tye	105 Wyong	155	Triple Jump	8.81
			400M Run	1-14.6
			Long Jump	4.11
			Javelin	19.21
Claudia Walters	165 Tuggerah Lakes	19	1500M Run	5-39.8
			800M Run	2-41.4
			3000M Run	12-37.3

Age Group: U/17 Girls

Athlete Name	Centre	Number	Event	Result
Teeghan Annear	165 Tuggerah Lakes	17	Long Jump	4.19
			1500M Walk	8-53.0
Isabel Arigho		313	1500M Walk	11-03.9
			100M Hurdles	21.6
			200M Hurdles	36.0
Madeleine Bird		11	Triple Jump	9.51
			Long Jump	4.22
			High Jump	1.50
Jaimie Carr	72 Gosford	209	200M Hurdles	28.4
			100M Hurdles	14.9
			200M Run	24.7
			100M Run	12.3
Mikahli Clune	178 Woy Woy Penins	149	Shot Put	7.97
			High Jump	1.30
			Discus	23.62
			Long Jump	4.25
Caitlin Delaney	165 Tuggerah Lakes	5	200M Hurdles	34.5
			1500M Run	5-10.4
			3000M Run	10-56.0
			800M Run	2-31.4
Caitlin Desmond		15	3000M Run	13-40.9
			1500M Run	6-14.6
			Triple Jump	8.64
Samantha Farrant	72 Gosford	4	Shot Put	13.18
			Discus	34.07
			Javelin	26.51
Taylor Harris	201 Toukley	3	Shot Put	7.54
			Discus	22.19
			Javelin	21.90
Melissa Hopkins	155 Terrigal/Wambera	1	Triple Jump	9.36
			1500M Run	5-33.1
			800M Run	2-58.5
			High Jump	1.45
			400M Run	1-06.9
Casey Judge	165 Tuggerah Lakes	7	Javelin	33.09
Laura Knight			311	1500M Walk
Amy-Lee Lawrence	72 Gosford	135	Triple Jump	9.13
			100M Run	13.5
			400M Run	1-03.7
			800M Run	2-39.9
			100M Run	13.2
Alison Cherie Mcavoy	165 Tuggerah Lakes	163	200M Run	26.8
			400M Run	1-03.0
			200M Run	28.2
			High Jump	1.30
Sophie Meere		369	Long Jump	4.22
			200M Run	26.4

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Sophie Meere	165 Tuggerah Lakes	369	400M Run	59.3
			100M Run	12.8
			Discus	24.87
			800M Run	2-45.6
Anita Terlato		175	Javelin	18.92
			Shot Put	8.44

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Age Group: Junior Girls

Athlete Name	Centre	Number	Event	Result
Junior Girls	72 Gosford	9000	4 x 100 Relay	1-02.7
	165 Tuggerah Lakes		4 x 100 Relay	1-00.6

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Age Group: Senior Girls

Athlete Name	Centre	Number	Event	Result
Senior Girls	165 Tuggerah Lakes	9002	4 x 100 Relay	52.9
	72 Gosford		4 x 100 Relay	53.2