

Centre: 165 - Tuggerah Lakes Mingara

Age Group	Athlete Name	Number	Event	Result	
U/8 Boys	Joshua Bulmer	74	Long Jump	3.62	
			Pack Start	2-34.3	
			400M Run	1-15.9	
			200M Run	32.4	
	Ethan Cochrane-Smith	38	Pack Start	5-08.3	
	Riley Mears	150	Discus	13.95	
			Long Jump	3.04	
			200M Run	36.6	
			Shot Put	5.61	
	Martin Parfitt	774	60M Hurdles	13.7	
			Discus	10.56	
	Lachlan Pettitt	78	Long Jump	2.82	
			100M Run	16.3	
			400M Run	1-29.6	
			Pack Start	3-07.1	
	Michael Seaborn	70	70M Run	12.1	
U/9 Boys	Alex Cochrane-Smith	36	Discus	10.93	
			Long Jump	3.03	
			800M Run	3-09.8	
	Theo Ogundana-Watson	54	100M Run	15.0	
			60M Hurdles	11.3	
			800M Run	3-00.1	
	Sebastian Plummer	34	High Jump	0.99	
			Shot Put	4.03	
	Sandon Smith	304	100M Run	14.1	
			70M Run	10.4	
			Long Jump	3.55	
			60M Hurdles	10.0	
	Matthew Sommerville	228	400M Run	1-19.0	
	U/10 Boys	Declan Ackerley	60	Shot Put	5.64
				High Jump	1.27
				1100M Walk	7-14.5
Long Jump				3.67	
Harry Hayes		342	100M Run	14.9	
			Long Jump	3.69	
			60M Hurdles	11.0	
Alexander Jones		230	1100M Walk	7-35.6	
Riley Jones		254	400M Run	1-17.8	
			Long Jump	3.74	
Ben Maxworthy		314	High Jump	1.10	
Dylan Ward		296	70M Run	11.7	
			Shot Put	5.05	
			60M Hurdles	12.0	
Benjamine Wright		160	200M Run	31.9	
			100M Run	15.1	

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

11 December 2011

Central Coast Zone

Page 2 of 9

U/10 Boys	Benjamin Wright	160	400M Run	1-16.9
U/11 Boys	Jack Birt	22	Long Jump	4.53
			Discus	24.57
			100M Run	14.3
			Triple Jump	9.00
	Lachlan Blake	272	400M Run	1-12.2
			Ethan Byrnes	310
	Lachlan Grant	378	200M Run	30.6
			High Jump	1.39
			Long Jump	4.30
	Luke Jacobs	28	200M Run	29.1
			400M Run	1-07.3
			1500M Run	5-43.1
			800M Run	2-38.7
	Jakob Madden	244	800M Run	2-46.4
			Taine Petersen	372
100M Run	13.9			
60M Hurdles	10.7			
Triple Jump	8.96			
Dominic Reed	148	200M Run	30.8	
U/12 Boys	Mason Allen	64	1500M Run	6-05.6
			Matthew John Cahill	262
	60M Hurdles	11.2		
	Long Jump	4.39		
	Justin Delaney	142	Discus	12.79
			Shot Put	4.09
	Jack Frasca	162	High Jump	1.28
			200M Run	28.8
			Javelin	19.23
	Ben Grubba	290	100M Run	14.1
			Shot Put	5.60
	Peter Lee	330	Discus	19.27
			High Jump	1.28
	Matthew Liedberg	30	Javelin	11.48
			1500M Walk	9-30.4
Cooper Soper	278	Javelin	25.11	
U/13 Boys	Jack Arigho	340	Javelin	18.21
			1500M Walk	9-11.1
			3000M Run	14-14.5
	John Carroll	8	100M Run	13.2
			Triple Jump	10.11
			200M Hurdles	31.2
			400M Run	1-03.8
	Alexander Herford	76	100M Run	13.2
			Triple Jump	9.02
			Long Jump	4.54

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

11 December 2011

Central Coast Zone

Page 3 of 9

U/13 Boys	Alexander Herford	76	200M Run	27.2
			High Jump	1.41
	Nathan Johnston	246	200M Run	27.5
			Shot Put	9.55
			Discus	22.75
			800M Run	2-40.5
	Jacob Kernick	308	1500M Walk	10-06.5
			Shot Put	7.30
	Trust Leger	66	Shot Put	12.90
			Javelin	19.84
			Discus	22.39
	Michael Parfitt	772	200M Hurdles	35.8
			1500M Run	6-18.4
	Isaac Rumbel	20	Discus	23.47
			Triple Jump	10.23
			80M Hurdles	14.2
			High Jump	1.48
			Long Jump	5.09
	Corbin Walters	18	800M Run	2-51.7
			1500M Run	5-31.5
3000M Run			11-48.8	
1500M Walk			9-15.2	
U/14 Boys	Johnathan Dobb	4	400M Run	58.5
			Triple Jump	12.31
			200M Hurdles	27.7
			High Jump	1.70
	Hayden Forbes	12	800M Run	2-27.5
			1500M Run	5-06.4
			3000M Run	10-56.4
			1500M Walk	8-58.3
	Lyll Guy	198	200M Run	27.0
			High Jump	1.35
			100M Run	13.0
	Riley O'Mara	398	High Jump	1.45
			200M Run	25.9
			90M Hurdles	14.5
			100M Run	12.5
Javelin			23.56	
Long Jump			5.14	
U/15 Boys	Luke Batten	16	Discus	40.13
			200M Hurdles	29.6
			Triple Jump	11.03
			Shot Put	11.79
			100M Hurdles	15.9
	Joshua Parkinson	2	Javelin	26.05
			Discus	25.92
			Long Jump	6.10

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

11 December 2011

Central Coast Zone

Page 4 of 9

U/15 Boys	Joshua Parkinson	2	400M Run	52.6		
			100M Run	11.4		
			Javelin	26.54		
			200M Run	23.3		
U/17 Boys	Adam Batten	14	200M Hurdles	28.8		
			1500M Walk	8-24.2		
			800M Run	2-38.0		
			Shot Put	9.23		
			Discus	28.03		
	Brock Crumpton	258	110M Hurdles	17.2		
			100M Run	13.0		
			Triple Jump	10.57		
			High Jump	1.50		
			110M Hurdles	18.7		
	Jay Crumpton	256	200M Hurdles	30.4		
			Triple Jump	10.65		
			High Jump	1.50		
			Long Jump	4.87		
			Javelin	36.57		
	Jason Dredge	10	100M Run	12.7		
			200M Run	27.4		
			1500M Walk	8-15.1		
	Bradley Hart	62	3000M Run	12-53.8		
1500M Run			5-42.9			
Ryan Jelley	260	3000M Run	12-03.8			
		100M Run	12.3			
		Triple Jump	11.41			
		200M Run	25.7			
		High Jump	1.50			
		400M Run	55.4			
Junior Boys	Junior Boys	9001	Long Jump	5.53		
			4 x 100 Relay	59.6		
Senior Boys	Senior Boys	9003	4 x 100 Relay	51.2		
U/8 Girls	Maddisyn Apps-Gale	37	Discus	9.52		
			Hannah Bolton	153	Long Jump	2.65
					200M Run	35.8
	Lucy Jacobs	29	100M Run	16.7		
			400M Run	1-28.7		
			200M Run	36.6		
	Jade Pettitt	83	Long Jump	2.95		
			70M Run	11.9		
			100M Run	16.9		
			Danielle Vesper	179	Pack Start	2-37.6
	Discus	14.11				
	Shot Put	4.64				

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

11 December 2011

Central Coast Zone

Page 5 of 9

U/8 Girls	Danielle Vesper	179	Long Jump	3.23
U/9 Girls	Ella Hopwood	141	800M Run	2-58.1
			400M Run	1-24.5
			High Jump	1.04
	Grace Kirkland	285	700M Walk	4-34.1
			70M Run	12.1
	Emilee Lappin	171	Shot Put	4.25
	Chelsea Payne	211	700M Walk	5-03.9
	Ella Robertson	215	700M Walk	5-27.0
	Maddison Van Dijk	385	High Jump	0.90
			Long Jump	3.04
			60M Hurdles	11.7
	Sophie May Whitton	201	Shot Put	3.81
			100M Run	16.0
			Discus	11.53
U/10 Girls	Jenna Bird	9	200M Run	30.1
			400M Run	1-12.4
			100M Run	14.2
			60M Hurdles	11.0
	Maddie Brooks	61	Discus	14.85
			Shot Put	6.04
	Darci Carroll	157	60M Hurdles	12.8
			High Jump	1.08
	Zoe Galea	265	60M Hurdles	12.1
			400M Run	1-19.9
			200M Run	32.7
	Emma Herford	81	Long Jump	3.42
	Isabella Jones	227	1500M Run	5-55.9
			1100M Walk	6-55.4
			800M Run	2-50.9
			400M Run	1-17.4
	Niley Lawson	341	100M Run	15.0
	Iyla Lidgard	327	Shot Put	5.27
	Brooklyn O'Mara	389	800M Run	2-58.8
			Shot Put	5.65
			70M Run	10.8
	Boston Pate	41	Shot Put	5.10
	Kyra Power-Caffyn	393	Discus	13.64
	Kate Robertson	55	Discus	19.82
Christianna Soares	27	70M Run	10.5	
		100M Run	14.5	
		200M Run	32.3	
		Long Jump	3.64	
U/11 Girls	Zoe Arigho	365	Discus	9.75
	Sarah Baric	51	Discus	14.80
			Shot Put	5.69

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

11 December 2011

Central Coast Zone

Page 6 of 9

U/11 Girls	April Brown-Peters	181	Discus	18.35
			Shot Put	5.79
			High Jump	1.10
	Ashlee Forbes	1	400M Run	1-05.7
			800M Run	2-35.2
			1500M Run	5-20.0
			1100M Walk	6-38.4
	Olivia Kernick	25	1100M Walk	7-07.5
			High Jump	1.15
			Shot Put	6.14
			Triple Jump	7.83
	Elena Khoury	187	100M Run	14.1
			200M Run	29.4
			Long Jump	3.69
			Triple Jump	8.66
	Ava Latu	291	100M Run	14.7
			200M Run	30.6
			400M Run	1-12.8
	Shanaye Mcnamara	319	100M Run	13.9
			200M Run	30.2
60M Hurdles			12.0	
Long Jump			3.98	
Remy Hunter Tidy	213	1500M Run	6-58.6	
		60M Hurdles	12.3	
Brodie Walters	23	800M Run	2-54.2	
		1500M Run	6-13.9	
		1100M Walk	7-07.9	
U/12 Girls	Kayleigh Apps-Gale	33	1500M Run	6-01.1
			1500M Walk	10-23.6
			Discus	16.12
	Taylor Baric	49	Discus	16.26
			Shot Put	8.38
	Sarah Jayde Boarer	233	High Jump	1.23
			800M Run	2-52.1
			400M Run	1-12.1
	Ella Driene	275	1500M Walk	8-48.1
			High Jump	1.37
			Long Jump	4.26
			100M Run	14.6
	Heather Duffy	3	Javelin	13.56
			60M Hurdles	10.9
			200M Run	29.3
			100M Run	13.8
	Brooke Guthrie	241	Javelin	15.56
			Discus	21.38
			Shot Put	9.06
	Kiara Lawson	257	1500M Walk	10-57.2
Triple Jump			8.91	

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

11 December 2011

Central Coast Zone

Page 7 of 9

U/12 Girls	Holly Rose Montgomery	107	60M Hurdles	12.0	
	Nicole Murphy	85	Javelin	10.56	
	Chelsea O'Mara	399	High Jump	1.26	
			60M Hurdles	11.1	
	Alex Pattenden	95	100M Run	14.1	
			200M Run	29.9	
			60M Hurdles	11.6	
	Abbey Kate Rumbel	339	Shot Put	7.50	
	U/13 Girls	Samantha Ackerley	67	1500M Walk	9-44.9
				High Jump	1.34
Triple Jump				9.01	
Cassidy Atkins		165	100M Run	13.2	
			400M Run	1-02.0	
			Long Jump	4.89	
Bronte Carroll		169	High Jump	1.25	
			Long Jump	4.23	
			Triple Jump	8.85	
			1500M Walk	10-41.4	
Brooke Hoolihan		287	Shot Put	9.11	
			Discus	28.55	
Caitlin Mills		57	1500M Walk	12-01.1	
			Javelin	16.38	
			100M Run	14.3	
			Shot Put	6.55	
			200M Hurdles	35.1	
Mischelle Rhodes		65	200M Run	27.9	
			80M Hurdles	14.8	
			100M Run	13.5	
			200M Hurdles	31.6	
			Long Jump	4.20	
			Triple Jump	8.96	
			800M Run	2-44.5	
Brianan Shipley		219	Discus	22.33	
			Javelin	24.05	
			1500M Walk	9-29.0	
U/14 Girls	Tegan Fennell	777	Shot Put	9.27	
			Javelin	18.09	
			Discus	29.16	
	Samantha Judge	69	1500M Walk	10-00.5	
	Maddison Langshaw	77	100M Run	13.9	
			Triple Jump	8.48	
			Long Jump	4.34	
			200M Hurdles	33.7	
	Madeline Linnet	161	High Jump	1.38	
			200M Run	27.8	
			400M Run	1-07.9	
			100M Run	13.5	

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

11 December 2011

Page 8 of 9

Central Coast Zone

U/14 Girls	Madeline Linnet	161	Long Jump	4.72
	April Montgomery	105	High Jump	1.20
			80M Hurdles	19.2
	Rebecca Parkinson	21	400M Run	1-05.1
			3000M Run	12-31.0
			1500M Run	5-45.7
			1500M Walk	8-17.2
			800M Run	2-29.1
			Triple Jump	8.90
	Jamei Pate	43	80M Hurdles	17.7
			Javelin	19.64
			High Jump	1.23
			800M Run	2-43.7
	Jacinta Patterson	223	200M Run	26.7
			400M Run	1-02.4
			High Jump	1.23
			100M Run	13.2
	Amy Seaborn	71	1500M Walk	11-53.9
	Maddi Symington	117	80M Hurdles	14.3
			Long Jump	4.41
		200M Hurdles	31.1	
		Triple Jump	9.30	
Teresa Terlato	173	1500M Walk	11-30.3	
U/15 Girls	Sara-Jayne Liedberg	31	Discus	17.87
			100M Run	14.5
			Shot Put	9.27
			Javelin	21.26
			Triple Jump	8.59
	Kate Linnet	159	400M Run	1-08.8
			100M Run	14.2
			200M Run	29.1
	Nikia Madden	225	Discus	9.47
			Javelin	11.57
	Taylor Pearson	45	100M Run	13.2
			200M Run	27.8
	Claudia Walters	19	3000M Run	12-37.3
			800M Run	2-41.4
			1500M Run	5-39.8
U/17 Girls	Teeghan Annear	17	1500M Walk	8-53.0
			Long Jump	4.19
	Isabel Arigho	313	200M Hurdles	36.0
			100M Hurdles	21.6
			1500M Walk	11-03.9
	Madeleine Bird	11	Triple Jump	9.51
			High Jump	1.50
			Long Jump	4.22
	Caitlin Delaney	5	800M Run	2-31.4

QUALIFIERS FOR NEXT CARNIVAL**LAANSW Carnival System**

11 December 2011

Central Coast Zone

Page 9 of 9

U/17 Girls	Caitlin Delaney	5	1500M Run	5-10.4
			200M Hurdles	34.5
			3000M Run	10-56.0
	Caitlin Desmond	15	Triple Jump	8.64
			3000M Run	13-40.9
			1500M Run	6-14.6
	Casey Judge	7	Javelin	33.09
	Laura Knight	311	Triple Jump	9.13
			1500M Walk	10-09.2
			100M Run	13.5
	Alison Cherie Mcavoy	163	200M Run	28.2
			High Jump	1.30
			Long Jump	4.22
			400M Run	1-03.0
	Sophie Meere	369	Discus	24.87
			400M Run	59.3
			100M Run	12.8
			200M Run	26.4
			800M Run	2-45.6
	Anita Terlato	175	Shot Put	8.44
			Javelin	18.92
Junior Girls	Junior Girls	9000	4 x 100 Relay	1-00.6
Senior Girls	Senior Girls	9002	4 x 100 Relay	52.9