

LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC.

2 Day Region Track & Field Program - Saturday

TRACK

Event

1	U10	Girls	1,500m	Final
2	U10	Boys	1,500m	Final
3	U11	Girls	1,500m	Final
4	U11	Boys	1,500m	Final
5	U12	Girls	1,500m	Final
6	U12	Boys	1,500m	Final
7	U13	Girls	200m Hurdles	Heats
8	U13	Boys	200m Hurdles	Heats
9	U14	Girls	200m Hurdles	Heats
10	U14	Boys	200m Hurdles	Heats
11	U15	Girls	200m Hurdles	Heats
12	U15	Boys	200m Hurdles	Heats
13	U17	Girls	200m Hurdles	Heats
14	U17	Boys	200m Hurdles	Heats
15	U13	Girls	1,500m	Final
16	U13	Boys	1,500m	Final
17	U14	Girls	1,500m	Final
18	U14	Boys	1,500m	Final
19	U15	Girls	1,500m	Final
20	U15	Boys	1,500m	Final
21	U17	Girls	1,500m	Final
22	U17	Boys	1,500m	Final
23	U8	Girls	60m Hurdles	Heats
24	U8	Boys	60m Hurdles	Heats
25	U9	Girls	60m Hurdles	Heats
26	U9	Boys	60m Hurdles	Heats
27	U10	Girls	60m Hurdles	Heats
28	U10	Boys	60m Hurdles	Heats
29	U11	Girls	60m Hurdles	Heats
30	U11	Boys	60m Hurdles	Heats
31	U12	Girls	60m Hurdles	Heats
32	U12	Boys	60m Hurdles	Heats
33	U13	Girls	200m Hurdles	Final
34	U13	Boys	200m Hurdles	Final
35	U14	Girls	200m Hurdles	Final
36	U14	Boys	200m Hurdles	Final
37	U15	Girls	200m Hurdles	Final
38	U15	Boys	200m Hurdles	Final
39	U17	Girls	200m Hurdles	Final
40	U17	Boys	200m Hurdles	Final
41	U8	Girls	60m Hurdles	Final
42	U8	Boys	60m Hurdles	Final
43	U9	Girls	60m Hurdles	Final
44	U9	Boys	60m Hurdles	Final
45	U10	Girls	60m Hurdles	Final
46	U10	Boys	60m Hurdles	Final
47	U11	Girls	60m Hurdles	Final
48	U11	Boys	60m Hurdles	Final
49	U12	Girls	60m Hurdles	Final
50	U12	Boys	60m Hurdles	Final
51	U13	Girls	100m	Heats
52	U13	Boys	100m	Heats
53	U14	Girls	100m	Heats
54	U14	Boys	100m	Heats
55	U15	Girls	100m	Heats
56	U15	Boys	100m	Heats
57	U17	Girls	100m	Heats
58	U17	Boys	100m	Heats
59	U8	Girls	100m	Heats
60	U8	Boys	100m	Heats
61	U9	Girls	100m	Heats
62	U9	Boys	100m	Heats
63	U10	Girls	100m	Heats
64	U10	Boys	100m	Heats
65	U11	Girls	100m	Heats
66	U11	Boys	100m	Heats
67	U12	Girls	100m	Heats
68	U12	Boys	100m	Heats
69	U13	Girls	400m	Heats
70	U13	Boys	400m	Heats
71	U14	Girls	400m	Heats
72	U14	Boys	400m	Heats
73	U15	Girls	400m	Heats
74	U15	Boys	400m	Heats
75	U17	Girls	400m	Heats
76	U17	Boys	400m	Heats
77	U8	Girls	400m	Heats
78	U8	Boys	400m	Heats
79	U9	Girls	400m	Heats
80	U9	Boys	400m	Heats
81	U10	Girls	400m	Heats
82	U10	Boys	400m	Heats
83	U11	Girls	400m	Heats
84	U11	Boys	400m	Heats
85	U12	Girls	400m	Heats
86	U12	Boys	400m	Heats
87	U13	Girls	100m	Final
88	U13	Boys	100m	Final
89	U14	Girls	100m	Final
90	U14	Boys	100m	Final
91	U15	Girls	100m	Final
92	U15	Boys	100m	Final

Event

93	U17	Girls	100m	Final
94	U17	Boys	100m	Final
95	U8	Girls	100m	Final
96	U8	Boys	100m	Final
97	U9	Girls	100m	Final
98	U9	Boys	100m	Final
99	U10	Girls	100m	Final
100	U10	Boys	100m	Final
101	U11	Girls	100m	Final
102	U11	Boys	100m	Final
103	U12	Girls	100m	Final
104	U12	Boys	100m	Final
105	U13	Girls	400m	Final
106	U13	Boys	400m	Final
107	U14	Girls	400m	Final
108	U14	Boys	400m	Final
109	U15	Girls	400m	Final
110	U15	Boys	400m	Final
111	U17	Girls	400m	Final
112	U17	Boys	400m	Final
113	U8	Girls	400m	Final
114	U8	Boys	400m	Final
115	U9	Girls	400m	Final
116	U9	Boys	400m	Final
117	U10	Girls	400m	Final
118	U10	Boys	400m	Final
119	U11	Girls	400m	Final
120	U11	Boys	400m	Final
121	U12	Girls	400m	Final
122	U12	Boys	400m	Final
123	U13	Girls	3,000m	Final
124	U13	Boys	3,000m	Final
125	U14	Girls	3,000m	Final
126	U14	Boys	3,000m	Final
127	U15	Girls	3,000m	Final
128	U15	Boys	3,000m	Final
129	U17	Girls	3,000m	Final
130	U17	Boys	3,000m	Final

Field

Event

1	U/9	Boys	High Jump	Final
2	U/12	Boys	High Jump	Final
3	U/13	Girls	Long Jump	Final
4	U/15	Boys	Long Jump	Final
5	U/13	Boys	Triple Jump	Final
6	U/12	Girls	Discus	Final
7	U/14	Boys	Discus	Final
8	U/11	Girls	Shot Put	Final
9	U/17	Boys	Shot Put	Final
10	U/9	Girls	High Jump	Final
11	U/15	Girls	High Jump	Final
12	U/10	Boys	Long Jump	Final
13	U/17	Boys	Long Jump	Final
14	U/14	Boys	Triple Jump	Final
15	U/10	Girls	Discus	Final
16	U/17	Girls	Discus	Final
17	U/11	Boys	Shot Put	Final
18	U/14	Girls	Shot Put	Final
19	U/11	Girls	High Jump	Final
20	U/13	Girls	High Jump	Final
21	U/12	Girls	Long Jump	Final
22	U/12	Boys	Long Jump	Final
23	U/17	Girls	Triple Jump	Final
24	U/8	Girls	Discus	Final
25	U/8	Boys	Shot Put	Final
26	U/9	Boys	Shot Put	Final
27	U/13	Boys	Javelin	Final
28	U/14	Boys	High Jump	Final
29	U/17	Boys	High Jump	Final
30	U/8	Girls	Long Jump	Final
31	U/10	Girls	Long Jump	Final
32	U/15	Girls	Triple Jump	Final
33	U/10	Boys	Discus	Final
34	U/15	Boys	Shot Put	Final
35	U/9	Girls	Shot Put	Final
36	U/14	Girls	Javelin	Final
37	U/8	Boys	Long Jump	Final
38	U/14	Girls	Long Jump	Final
39	U/11	Boys	Triple Jump	Final
40	U/12	Boys	Discus	Final
41	U/13	Girls	Shot Put	Final
42	U/12	Girls	Javelin	Final
43	U/11	Girls	Triple Jump	Final
44	U/15	Girls	Discus	Final
45	U/17	Girls	Javelin	Final
46	U/15	Boys	Javelin	Final
47	U/13	Boys	Discus	Final

**LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC.
2 Day Region Track & Field Program - Events by Day**

Girls Events

DAY	Under 8 Girls		Under 9 Girls		Under 10 Girls		Under 11 Girls		Under 12 Girls		Under 13 Girls		Under 14 Girls		Under 15 Girls		Under 17 Girls	
	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
Saturday	60h	DIS	60h	H/J	1500m	DIS	1500m	S/P	1500m	DIS	1500m	L/J	1500m	S/P	1500m	H/J	1500m	DIS
	100m	L/J	100m	S/P	60h	L/J	60h	H/J	60h	L/J	200h	H/J	200h	JAV	200h	T/J	200h	T/J
	400m		400m		100m		100m	T/J	100m	JAV	100m	S/P	100m	L/J	100m	DIS	100m	JAV
				400m		400m		400m		400m		400m		400m		400m		400m
								400m		400m		400m		400m		400m		400m
										3000m		3000m		3000m		3000m		3000m
Sunday	P/Start	S/P	Walk	L/J	Walk	S/P	Walk	DIS	Walk	H/J	80h	DIS	80h	T/J	90h	L/J	100h	L/J
	70m		70m	DIS	70m	H/J	200m	L/J	200m	S/P	Walk	JAV	Walk	H/J	Walk	S/P	Walk	S/P
	200m		200m		200m		800m		800m	T/J	200m	T/J	200m	DIS	200m	JAV	200m	H/J
		800m		800m						800m		800m		800m		800m		800m

Boys Events

DAY	Under 8 Boys		Under 9 Boys		200m	200m	Under 11 Boys		Under 12 Boys		Under 13 Boys		Under 14 Boys		Under 15 Boys		Under 17 Boys	
	Track	Field	Track	Field			Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
Saturday	60h	S/P	60h	H/J	1500m	L/J	1500m	S/P	1500m	H/J	1500m	T/J	1500m	DIS	1500m	L/J	1500m	S/P
	100m	L/J	100m	S/P	60h	DIS	60h	T/J	60h	L/J	200h	JAV	200h	T/J	200h	S/P	200h	L/J
	400m		400m		100m		100m		100m	DIS	100m	DIS	100m	H/J	100m	JAV	100m	H/J
			400m F		400m		400m		400m		400m		400m		400m		400m	
											3000m		3000m		3000m		3000m	
Sunday	P/Start	DIS	Walk	L/J	Walk	H/J	Walk	H/J	Walk	S/P	80h	H/J	90h	S/P	100h	DIS	110h	DIS
	70m		70m	DIS	70m	S/P	200m	L/J	200m	JAV	Walk	L/J	Walk	L/J	Walk	T/J	Walk	T/J
	200m		200m		200m		800m	DIS	800m	T/J	200m	S/P	200m	JAV	200m	H/J	200m	JAV
		800m		800m							800m		800m		800m		800m	

Please Note : The following Colours are used to identify the program changes for the NSW State Championships at Homebush in March

↔ At the State Championships events shown in red will be conducted on Friday night

↔ At the State Championships events shown in green will be conducted on Saturday

↔ At the State Championships events shown in blue - Heats will be conducted on Saturday and Finals Sunday