



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Jack Dyer

U/10 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

Please Note

The list of events is not a program. Start times for events will be different to at Zone. Please ensure that you are at the ground in plenty of time for your event, as the order of events will be altered to suit the conditions on the day or, to assist the smooth running of the carnival.

The Narrabeen facility is similar to the Central Coast Facility. A list of events can be downloaded from the NSW Little Athletics Website. **Do not expect that any events will be run at the same time as they were at our zone carnival.**

A printed program will be available at the Regional Championships and all programs must be pre-ordered by the end of January. The list of events is available now from the NSW Website.

The program of events will be different than at Zone, so please make sure you have a copy of the program well before then.

Parents

Jack has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Jack will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Jack on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Jordan Hemsley-Snelling

U/10 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

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Parents

Jordan has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Jordan will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Jordan on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards



Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Courtney Doyle

U/10 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

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Parents

Courtney has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Again, Congratulations Courtney on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards



Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Paige Rigney

U/10 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

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Parents

Paige has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Again, Congratulations Paige on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Charlotte Wills

U/10 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

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Parents

Charlotte has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Charlotte will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Charlotte on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Mason Leef

U/11 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

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Parents

Mason has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Again, Congratulations Mason on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Kaelah Mcnamara

U/11 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

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Parents

Kaelah has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Kaelah on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Zachary Boyd

U/12 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

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Parents

Zachary has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Again, Congratulations Zachary on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Tristan Croke

U/12 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

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Parents

Tristan has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Tristan on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards



Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Jarryd Walter

U/12 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

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Parents

Jarryd has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Jarryd on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Bethany Kranendonk

U/12 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

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Parents

Bethany has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Bethany on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Brooke Samuel

U/12 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

Please Note

The list of events is not a program. Start times for events will be different to at Zone. Please ensure that you are at the ground in plenty of time for your event, as the order of events will be altered to suit the conditions on the day or, to assist the smooth running of the carnival.

The Narrabeen facility is similar to the Central Coast Facility. A list of events can be downloaded from the NSW Little Athletics Website. **Do not expect that any events will be run at the same time as they were at our zone carnival.**

A printed program will be available at the Regional Championships and all programs must be pre-ordered by the end of January. The list of events is available now from the NSW Website.

The program of events will be different than at Zone, so please make sure you have a copy of the program well before then.

Parents

Brooke has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Brooke will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Brooke on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards



Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Jade Sterrett

U/12 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

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Parents

Jade has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Jade on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Danielle Theron

U/12 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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Parents

Danielle has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Danielle will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Danielle on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards



Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Aidan Baker

U/13 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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Parents

Aidan has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Aidan will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Aidan on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Jake Bedford

U/13 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

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Parents

Jake has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Jake on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear John Dahan

U/13 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

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Parents

John has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations John on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear John Dahan

U/13 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

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Parents

John has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations John on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Hayden Kendall

U/13 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

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Parents

Hayden has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Hayden will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Hayden on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards



Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Brandon Reading

U/13 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

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Parents

Brandon has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Brandon will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Brandon on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Tyler Jones

U/14 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

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Parents

Tyler has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Tyler will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Tyler on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Ashlee Coggins

U/14 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

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Parents

Ashlee has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Ashlee will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Ashlee on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Brooke Coggins

U/14 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

Please Note

The list of events is not a program. Start times for events will be different to at Zone. Please ensure that you are at the ground in plenty of time for your event, as the order of events will be altered to suit the conditions on the day or, to assist the smooth running of the carnival.

The Narrabeen facility is similar to the Central Coast Facility. A list of events can be downloaded from the NSW Little Athletics Website. **Do not expect that any events will be run at the same time as they were at our zone carnival.**

A printed program will be available at the Regional Championships and all programs must be pre-ordered by the end of January. The list of events is available now from the NSW Website.

The program of events will be different than at Zone, so please make sure you have a copy of the program well before then.

Parents

Brooke has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Brooke will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Brooke on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Akaylah Leef

U/14 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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A printed program will be available at the Regional Championships and all programs must be pre-ordered by the end of January. The list of events is available now from the NSW Website.

The program of events will be different than at Zone, so please make sure you have a copy of the program well before then.

Parents

Akaylah has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Akaylah will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Akaylah on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Tamara Tye

U/15 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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The Narrabeen facility is similar to the Central Coast Facility. A list of events can be downloaded from the NSW Little Athletics Website. **Do not expect that any events will be run at the same time as they were at our zone carnival.**

A printed program will be available at the Regional Championships and all programs must be pre-ordered by the end of January. The list of events is available now from the NSW Website.

The program of events will be different than at Zone, so please make sure you have a copy of the program well before then.

Parents

Tamara has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Tamara will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Tamara on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Matthew Browne

U/17 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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Parents

Matthew has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Matthew will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Matthew on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards



Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear **Brendan Dawson**

U/17 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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Parents

Brendan has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Brendan will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Brendan on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards



Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Matthew Killen

U/17 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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Parents

Matthew has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Matthew on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Toby Bedford

U/8 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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The Narrabeen facility is similar to the Central Coast Facility. A list of events can be downloaded from the NSW Little Athletics Website. **Do not expect that any events will be run at the same time as they were at our zone carnival.**

A printed program will be available at the Regional Championships and all programs must be pre-ordered by the end of January. The list of events is available now from the NSW Website.

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Parents

Toby has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Toby will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Toby on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Harley Croke

U/8 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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A printed program will be available at the Regional Championships and all programs must be pre-ordered by the end of January. The list of events is available now from the NSW Website.

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Parents

Harley has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Harley will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Harley on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Lachlan Rigney

U/8 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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A printed program will be available at the Regional Championships and all programs must be pre-ordered by the end of January. The list of events is available now from the NSW Website.

The program of events will be different than at Zone, so please make sure you have a copy of the program well before then.

Parents

Lachlan has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Lachlan will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Lachlan on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards



Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Lily Booth

U/8 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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Parents

Lily has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Lily will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Lily on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Benjamin Martin

U/9 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

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The program of events will be different than at Zone, so please make sure you have a copy of the program well before then.

Parents

Benjamin has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Benjamin will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Benjamin on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards



Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Liam Sterrett

U/9 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

Printed Programs need to be ordered by the 15th January

This year the Regional Championships are to be held at the Narrabeen Academy of Sport, Athletics Facility, at Narrabeen, and will be held on Saturday and Sunday 18th and 19th February 2012. Driving directions are on the Central Coast Little A's website www.centralcoastathletics.com

Please Note

The list of events is not a program. Start times for events will be different to at Zone. Please ensure that you are at the ground in plenty of time for your event, as the order of events will be altered to suit the conditions on the day or, to assist the smooth running of the carnival.

The Narrabeen facility is similar to the Central Coast Facility. A list of events can be downloaded from the NSW Little Athletics Website. **Do not expect that any events will be run at the same time as they were at our zone carnival.**

A printed program will be available at the Regional Championships and all programs must be pre-ordered by the end of January. The list of events is available now from the NSW Website.

The program of events will be different than at Zone, so please make sure you have a copy of the program well before then.

Parents

Liam has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Liam will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Liam on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Zanian Theron

U/9 Boys Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

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Parents

Zanian has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Zanian on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Paris Croke

U/9 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

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Parents

Paris has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

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Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Paris on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011



Central Coast Zone of Little Athletics

Gosford Tuggerah Lakes-Mingara Woy Woy Peninsula Terrigal / Wamberal Wyong Toukley

Dear Elizabeth Huggins

U/9 Girls Wyong

Congratulations on your excellent result at the Central Coast Zone Championships. You are now eligible to represent your centre and the Central Coast Zone at the Metropolitan North Regional Athletics (Region One) Championships because you finished in the top 4.

Please ask your team manager to confirm the events that you are entered in.

There is a \$5.00 Levy per athlete that needs to be paid by your centre on the weekend

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Parents

Elizabeth has worked very hard to make it to the Region Championships. To have the best conditions for all athletes to compete, we need your help. Just like at the Zone Championships, you may be required to help in some way during the day. Clubs and Zones are given certain areas that they are required to assist in. Please assist your Club and Zone organisers by attending duties that you have been rostered to do. Little Athletics Competitions are run totally by Volunteers. Please do your bit to assist where possible.

Uniforms

Don't forget that all athletes **MUST** be in **Full Club Uniform**. All numbers and patches must be in the correct location. If in doubt, please see your club to ensure there is no disappointment on the day. Uniform standards are enforced more strictly at this level of competition. Elizabeth will need to have a uniform check at your club, before you attend the championships.

Remember "Skins" are not allowed at any N.S.W Little Athletics Event unless they are worn under the registered club uniform! It is important to have your running uniform checked before you travel to Sydney.

Again, Congratulations Elizabeth on behalf of the Central Coast Zone.

Go have fun and enjoy the Championships and be proud of your results. No matter what the outcome, you will know that you have tried your best, and that's all that really counts !

Regards

Ed Batten
Central Coast Zone Coordinator
Little Athletics N.S.W



15/12/2011